



SIX SENSES  
DESTINATION SPA

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PHUKET  
AN ERAWAN PROPERTY



PHUKET • THAILAND

## Location

Naka Yai Island is located on the top east side of Phuket, just 25 minutes away from Phuket International Airport. It is rapidly transforming from an inhabited fisherman's island to an upscale resort getaway. The island has the classic paradise beaches of fine white sand lined with shady coconut groves and picturesque views across Phang Nga Bay.



Private Jetty

## Concept

Six Senses Destination Spas are dedicated to transforming the lifestyle of its guests through a complete immersion into healthy and mindful living. They offer structured and personalized programmes that blend fitness activities, spa cuisine, wellness education, discovery classes, relaxation and renewal. Preventative wellness is a fundamental component, combined with sound nutritional and naturopathic knowledge, which provides guests with the ability to consciously support their health and longevity overcome and alleviate stress, and live a more healthful life.

Supporting the concept of life enrichment, accommodations at Six Senses Destination Spas provide generous personal space and present an uncompromised standard of natural luxury with elegantly designed architecture and natural furnishings. Positioned as the destination spas of the twenty-first century, they support the Six Senses Destination Spa theme – *Enriching Life*.



Entrance to the 7<sup>th</sup> Sense

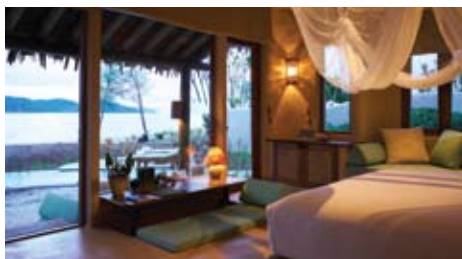
## Management

Six Senses Destination Spa Phuket is managed by Six Senses Resorts & Spas, who have developed and operate unique properties in Maldives, Oman, Thailand, Vietnam, Spain, Fiji and Jordan under the brand names Soneva by Six Senses, Six Senses Hideaway, Six Senses Latitude and Evason: plus Six Senses Spas and Six Senses Destination Spas. The Six Senses team has positioned Six Senses Destination Spa Phuket incorporate the same brand values and personal service promised in the Six Senses Core Purpose: *To create innovative and enlightening experiences that rejuvenate our guests' love of SLOW LIFE\**.

\* SUSTAINABLE - LOCAL - ORGANIC - WHOLESOME  
LEARNING - INSPIRING - FUN - EXPERIENCES

## Accommodations

Six Senses Destination Spa Phuket offers a total of sixty-one Private Pool Villas and Pool Villa Suites, each with an overall space footprint of more than 450 square metres, or approximately 4,850 square feet, located on pristine white-sand beachfront and on the island's gently sloping hillside.



Bedroom

### Hill Pool Villa (16) - Total area 450 sqm.

- Ipod with docking speaker and music library
- IDD telephones
- Music system in bathroom area and outdoor bathtub
- Steam/shower room
- In-room safe
- Tea-making facilities
- Private pool
- Outdoor Sala for meditation and massage
- Citrus fruit and herbs grown in private villa garden
- Bathroom herb garden for fresh organic baths
- All natural personal-care amenities
- Yoga suits and bathrobes in villas
- Personalized butler service

### Hill Pool Villa Suite (1) - Total area 900 sqm.

- Ipod with docking speaker and music library
- IDD telephones
- Music system in bathroom area and outdoor bathtub
- Steam/shower room

- In-room safe
- Tea-making facilities
- Private pool
- Outdoor Sala for meditation and massage
- Citrus fruit and herbs grown in private villa garden
- Bathroom herb garden for fresh organic baths
- All natural personal-care amenities
- Yoga suits and bathrobes in villas
- Personalized butler service
- Common living room

### Beach Pool Villa (34) - Total area 450 sqm.

- Ipod with docking speaker and music library
- IDD telephones
- Music system in bathroom area and outdoor bathtub
- Steam/shower room
- In-room safe
- Tea-making facilities
- Private pool
- Outdoor Sala for meditation and massage
- Citrus fruit and herbs grown in private villa garden
- Bathroom herb garden for fresh organic baths
- All natural personal-care amenities
- Yoga suits and bathrobes in villas
- Personalized butler service



Beach Pool Villa

### Beach Pool Villa Suite (3) - Total area 900 sqm.

- Ipod with docking speaker and music library
- IDD telephones
- Music system in bathroom area and outdoor bathtub
- Steam/shower room
- In-room safe
- Tea-making facilities
- Private pool
- Outdoor Sala for meditation and massage
- Citrus fruit and herbs grown in private villa garden
- Bathroom herb garden for fresh organic baths
- All natural personal-care amenities
- Yoga suits and bathrobes in villas
- Personalized butler service
- Common living room

### Retreat on the Hill (1) - Total area 2,500 sqm.

- Ipod with Bose Lifestyle 28 music system and music library
- IDD telephones
- Music system in bathroom area and outdoor bathtub
- Steam/shower room
- In-room safe
- Tea-making facilities
- Private pool
- Outdoor Sala for meditation and massage
- Citrus fruit and herbs grown in private villa garden
- Bathroom herb garden for fresh organic baths
- All natural personal-care amenities
- Yoga suits and bathrobes in villas
- Personalized butler service
- 2 butler rooms for personal assistants
- Private kitchen
- Hillside open air platform
- Private spa with wet and dry treatment rooms, meditation cave, yoga pavilion, gymnasium and relaxation area

### The Enclave, cluster of 6 villas - Total area 450 sqm. per villa

- Ipod with docking speaker and music library
- IDD telephones
- Music system in bathroom area and outdoor bathtub
- Steam/shower room
- In-room safe
- Tea-making facilities
- Private pool
- Outdoor Sala for meditation and massage
- Citrus fruit and herbs grown in private villa garden
- Bathroom herb garden for fresh organic baths
- All natural personal-care amenities
- Yoga suits and bathrobes in villas
- Personalized butler service

### Wellness Inspired Gastronomy

Food and healthy dining form an integral part of our wellness concept.

Guests have a choice of two types of cuisine: Spa Cuisine and Raw Foods dining.

Breakfast, lunch and dinner are served in our al fresco Ton Sai restaurant where guests can enjoy succulent fishetarian dishes with only the best the sea has to offer.

For a Raw Foods dining experience, we are proud to suggest our 'Dining at the Point' restaurant located at the tip of the island with a breathtaking view on Phang Nga Bay.

Our chefs also feel strongly that our guests should be able to take something home with them, after

the time they spend with us. We therefore offer cooking classes in our 'Cuisine Cave' preparing our guests to also bring wellness cuisine to their own dining table, back home.

In addition we make sure our weekly event calendar includes pizza baking, island barbecues and special dishes prepared in our own tandoori oven, making sure dining experiences at the Six Senses Destination Spa are most memorable.



The Ton-Sai Restaurant

### The 7<sup>th</sup> Sense Wellness Center

#### A Life Passage marks a transition.

It offers time away from everyday life and is an opportunity for reassessment, revaluation and regeneration. Six Senses Destination Spa Phuket offers Life Passages and services for individuals, couples, families, groups and organizations who are experiencing transition and transformation.

The Journey of life presents us with many challenges and transitions along the way. Every major change in life is a passage. Each passage we encounter can be an opportunity to heal the wounds from the past, go deeper into the meaning of our life, find renewed strength, open to intimacy and realize our fullest potential.



Herbal Spa Garden

Retirement, loss, bereavement, mid-life crisis, adolescence, marriage, birth, young adulthood, divorce, career change, traumatic events, loss of meaning, relationship crisis, aging, finding a new life purpose and major illness are a few of the many challenges life presents to us.

We offer you integrated, skilful, professional and compassionate guidance to help you through the passageway where you will leave with a wealth of knowledge, your own personal home programme, and new enthusiasm that will inspire a new life that will sustain you for years to come.



Kinesis

#### Our Life Passages are:

- Feminine Balance, 14 nights
- Mother-to-be, 10 nights
- Stress to Vitality, 5 nights
- Body Confidence, 21 nights
- Restore for Anti-aging, 14 nights
- Recharge and Energize, 3 nights
- Inner Peace, 10 nights
- Detoxify and Purify, 14 nights
- Maximum Men's Health, 7 nights
- Fitness Booster, 7 nights
- Reawakening Love for Couples, 5 nights
- The Best Years for Seniors, 7 nights
- Silent Mind, 3 nights
- Just Cleanse, 3 nights

#### Guest Services & Facilities

- Butler service
- Outdoor swimming pool
- Individually controlled air conditioning
- Outdoor day Sala
- Electronic safe
- Tea - making facilities

- IDD telephone with data line access
- Six Senses Gallery and Wellness Shop
- Library with internet access
- Music library
- Airport transportation service by limousine and boat
- Laundry and express laundry services
- Two Restaurants
- King beds
- Duvet bed covers
- Mosquito netting over the bed
- Open style bathroom
- Indoor and outdoor showers
- Bathrobes
- Hairdryer



Chinese Spa Tea Room

#### Leisure Activities

Six Senses Destination Spa Phuket is a fitness haven featuring world-class services and facilities with innovative concepts. Programmes offered include kinesis training, posture enhancement, oxygen fitness therapy, physiotherapy, a nature jogging trail and an organically shaped lap pool.



Spa Cuisine

#### Other activities include:

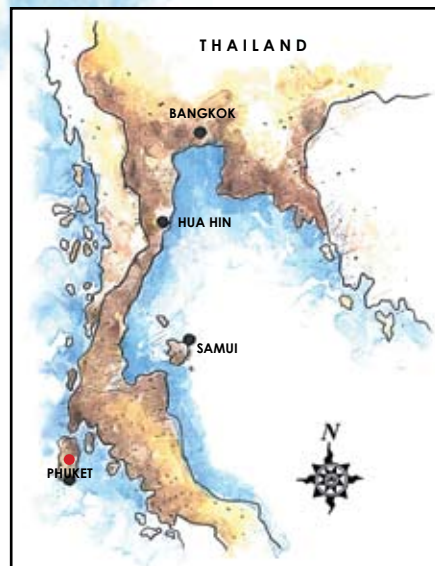
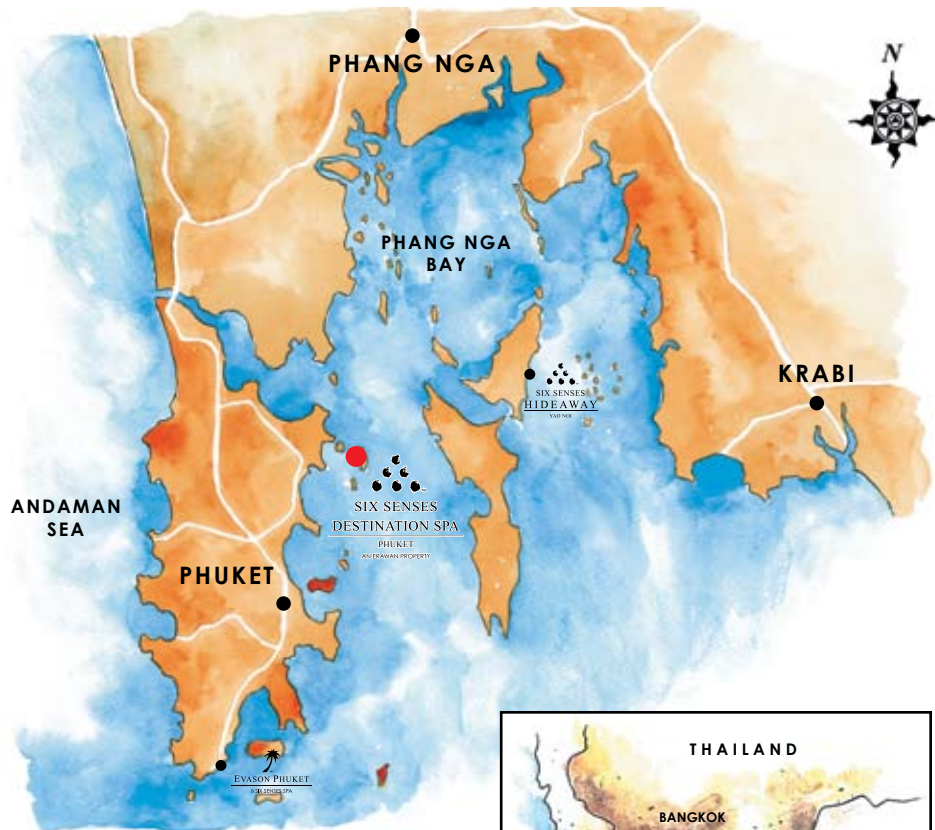
- Catamaran
- Sea kayak
- Windsurf
- Island hopping
- Snorkelling
- Diving
- Sightseeing tours
- Mountain biking on Naka Island
- Trekking on Naka Island
- Rock climbing in Phang Nga Bay
- Fishing tours
- Gardening classes

#### Sensible Conduct

- Smoking is permitted only at a dedicated outdoor smoking area
- We love children however, in order to ensure an atmosphere conducive to relaxation and wellness, we do not accept bookings for children below the age of 16
- For the benefit of your health, only fishetarian cuisine will be served in our restaurants
- Food and Beverages provided by the resort will only be permitted within the resort
- In consideration of your health and relaxation, as well as that of our other valued guests, active mobile phones, laptops and PDA's are not encouraged in public areas (your private guest room is accepted, but not encouraged)
- Organic wines and champagnes only, will be served after 6pm
- For your comfort, you will be encouraged to use bathrobes or the provided Six Senses "yoga pant suits" during your stay
- To ensure a healing environment, only visitors that are visiting in-house guests will be permitted



Swimming Pool



**SIX SENSES  
DESTINATION SPA**

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AN ERAWAN PROPERTY

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